

ESSENTIAL

FREE VIDEO
LESSONS INCLUDED

TRUMPET LESSONS

BOOK ONE



JONATHAN HARNUM
author of *The Practice of Practice*
and *Basic Music Theory*

PRAISE FOR HARNUM'S TRUMPET BOOKS

“Every trumpet should be sold with this book. This is like a user’s manual. You will also learn about troubleshooting, maintenance and cleaning. With this book you will not feel lost and will be prepared.”

— J. R. Torres, Rhode Island

“Great read! Lots of info but easy to understand. Entertaining as well! Dude is just funny! Explains things that other people just assume you already know (but you don’t). You can tell he is a teacher as well as a player. Worth the money and time I invested. Recommended.”

— Tyler Hyder, USA

“This book is the most thorough treatment of the various aspects of trumpet playing that I have seen. Very informative and helpful. Even my current teacher, who has played with the Metropolitan Opera (NYC), was impressed.

— Don Young, Cranford, NJ

“No question about it, this book is everything it’s cracked up to be! I highly recommend the book for any player, young or old, beginner or in my case, a 35 yr. comeback player.”

— Joe Kaye, Philadelphia, PA

“Love the book for the quick and easy ability to teach and reference countless points. I’m a 62 year old beginner and this is the only Trumpet tutorial that doesn’t put me to sleep. It has the vibrance of the trumpet itself.”

— Kozmo18 “All you want to know about the trumpet. Not a method book, but a great reference book. It gives much information that method books leave out. Recommend for all trumpet players.”

— J. Chew, Anaheim, CA

“An excellent book for a beginner or anyone else. I’ve learned so much with it. I had no prior music experience and this book has introduced the trumpet to me very nicely. Jonathan breaks it down so that it is easily understood and fun to read. It’s been my constant companion since I received it and I am progressing nicely.”

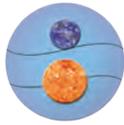
— N. A. Stubbins, Indiana

“This has been a great purchase for me. I’m 28 and have just made my first approach to the trumpet, though I’ve been playing the piano for twenty years. I can’t pay a teacher for now and wanted something that would encourage me to face the most difficult part: the beginning. This book deals with everything you need to know about trumpet playing, from the basics to a large number of strategies to improve your performance. It functions well as a reference guide, and in my case is an excellent starting point towards the discovery of this wonderful instrument.”

— G. Fernandez Monte, Madrid, Spain

“Great for the comeback player. I’m returning to trumpet after 20+ years away. This book fit my background pretty perfectly. It explains the why, and not just the how. I’m happy to see detailed information on cleaning a trumpet, something I’d never learned before, as well as whole chapters on key techniques, equipment, and outside the trumpet aspects like transposition and performing.”

— Simon St. Laurent, Dryden, NY



Essential Trumpet Lessons: Book One, by Jonathan Harnum

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www.sol-ut.com

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ESSENTIAL

FREE VIDEO
LESSONS INCLUDED

TRUMPET

LESSONS

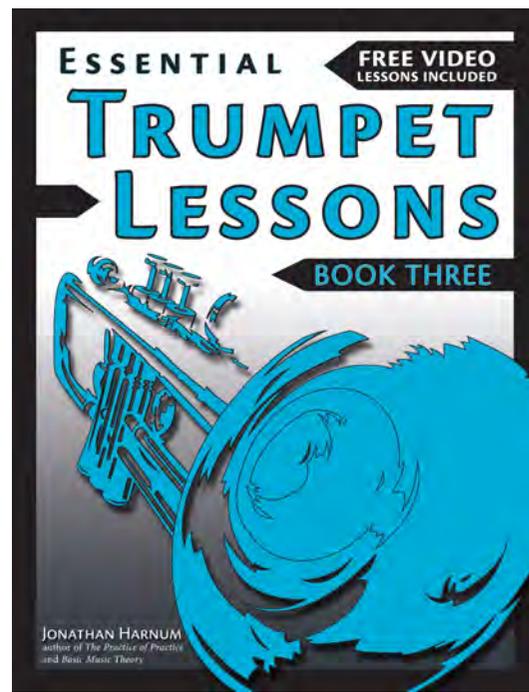
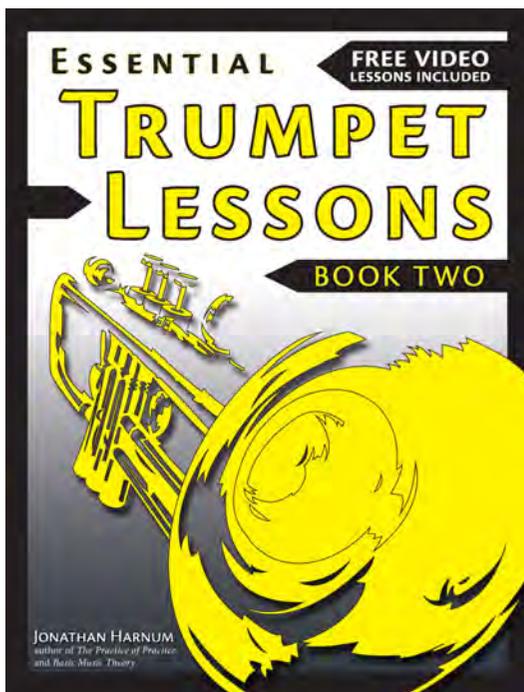
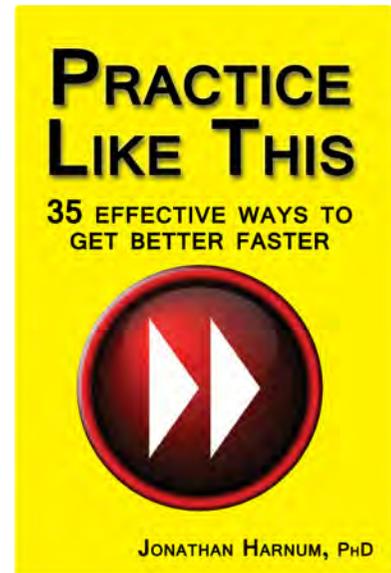
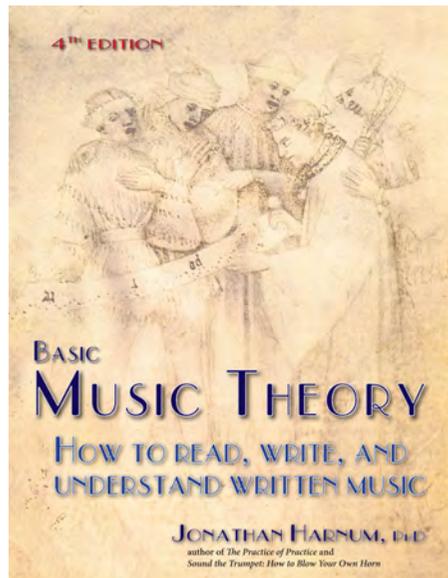
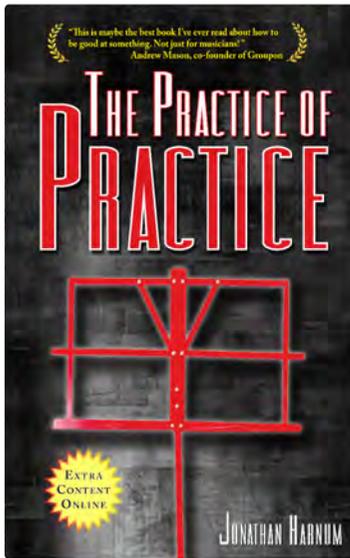
BOOK ONE



JONATHAN HARNUM
author of *The Practice of Practice*
and *Basic Music Theory*

Sol Ut Press

www.sol-ut.com



JONATHAN HARNUM has played trumpet for over 35 years in various genres, has taught music and trumpet at all levels, from beginners through collegiate players, and especially loves to help out comeback players. Harnum earned a PhD in music education from Northwestern University and is the author of several music-related books, including his Amazon #1 best-sellers, *The Practice of Practice* and *Basic Music Theory: How to Read, Write, and Understand Written Music*.

You can find him online at www.JonHarnum.com and www.sol-ut.com; check out his blogs at www.ThePracticeOfPractice.com and www.TalkingTrumpet.Wordpress.com; or get some online trumpet lessons at www.TrumpetJumpstart.com.

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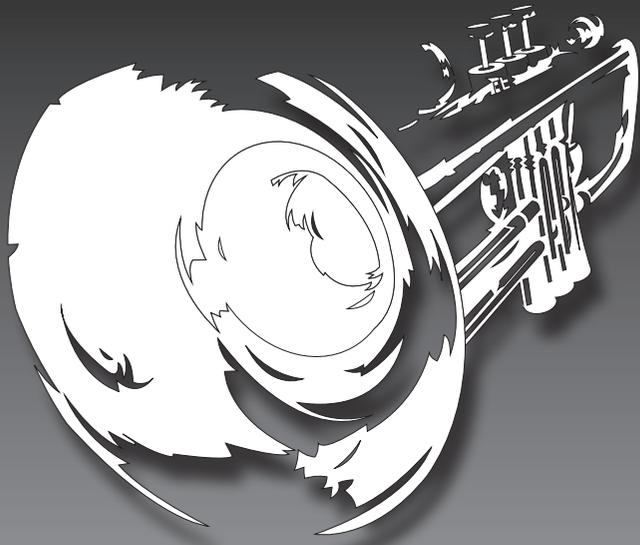
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THE LESSON EVERYONE SKIPS

BOOK OVERVIEW

The method is persistence.

ALBERT CAMUS

TERM TO KNOW	MEANING
A relevant word for the lesson ahead	Definitions and important things you should know.

WELCOME TO *ESSENTIAL TRUMPET LESSONS*

Hi, and welcome to the fun-filled world of playing trumpet! If you're new to trumpet playing, this book will get you started on the right foot and help to instill good habits. If you already play or are a teacher, this book may give you new insight and information. The goal of this book is to help you along in your journey toward mastery of the trumpet and to give you the necessary resources to achieve your goals. Once you've absorbed this book, you'll have a great foundation from which to build a lifetime of playing music on your trumpet.

WHY *ESSENTIAL TRUMPET LESSONS*?

This book contains knowledge and shortcuts I've learned from over 35 years of playing and 20 years of teaching. You'll start with the most basic ideas and build on them until you've learned about the trumpet from end-to-end, inside and out. If you're already a player, this book is a great reinforcement for things you may already know, and maybe some things you don't. Use it as a reference to review your skills, to beef up your knowledge, to study for an audition, or to practice more challenging tasks like double-tonguing, transposing, and circular breathing.

All that being said, you still should use this book in conjunction with all other trumpet books you can lay your hands on. Get information from any source you can find. Don't limit yourself to one source. Though this book is pretty comprehensive, it doesn't cover everything, and even if it did, you'll benefit from getting the same information from a different source using a different approach. There are a lot of choices, at least where books are concerned. You'll find most of the best books for trumpet players listed in these pages, too.

OVERVIEW OF ESSENTIAL TRUMPET LESSONS

GENERAL INFORMATION

Essential Trumpet Lessons will take you through all the basics of trumpet, from its history, to recorded trumpet music, and of course, how to actually play the thing. All this information is shown to you in small doses so you won't feel overwhelmed by all that needs to be learned. Lessons are short and easy to get through, though mastering the information they contain will usually continue long after the lesson has been read. That's a good thing. This book is meant to be a reference, which means you will come back to it again and again on your journey towards trumpet Mastery. Reading the book one time through will certainly increase your understanding, but you'll have to spend some serious time with these concepts to make them truly stick and become a part of your musicianship. Come back to the book from time to time for a review.

Essential Trumpet Lessons deals with specific aspects of playing the trumpet and not much time is spent on the skills of reading music. Basic concepts will be explained, but for more specific information on reading music, check out *Basic Music Theory: How to Read, Write, and Understand Written Music*. You can find it at www.sol-ut.com (including free samples of the book and the best price), ask for it at your local music or book store, or find it on Amazon at <http://amzn.to/1V2zvJ2>.

THE STRUCTURE OF THE BOOK

THE PARTS

Essential Trumpet Lessons is divided into large sections called Parts. Within each Part are several lessons of related information.

THE LESSONS

Lessons contain information on one technique and they're short enough to take in without feeling overwhelmed. At the beginning of each lesson you'll see a brief overview of the lesson and a list of terms the lesson covers.

THE ICONS

Icons in this book will alert you to things you should know as a trumpet player.

NOTICE!



This icon is placed near information that is particularly useful to know. Heed these tips and you'll avoid common mistakes.

MUSIC THEORY



This icon has two functions: it tells you things about reading music that are helpful, and is also next to information that isn't absolutely necessary but which you might find interesting. It looks like a Cyclops smiley-face, but it's a whole note with a fermata (which you learn about in lesson 1).

EssentialTrumpetLessons.com
is where you'll find free video lessons that go with this book, as well as a slew of other resources.

TRUMPET VIDEO

This icon will alert you that there is a supporting video where you can learn more. Sometimes it'll be a video I've produced specifically for this book, sometimes it'll be an example of another trumpet player demonstrating or teaching the concept in a great way. Sometimes it'll just be something cool and instructive. Sure wish I'd had this resource as a beginner!

WEB RESOURCES: QR CODES

This strange-looking collection of ink/pixels will let you know when there is something worth looking up and checking out online. It's a QR code, and with a QR-reading app (Scan is a good one: <http://www.scan.me/download>) you can scan the image and go right to the link, whatever it is. Links lead to just about anything useful: more information, a forum, pictures, a trumpeter's web site, or an article you should read. Always accompanied by an internet address if you don't have a QR reader. Clickable in the eBook.

THE APPENDIX

This is an appendix that will never need to be removed surgically (I hope—don't get any crazy ideas). In the back of the book you'll find fingering charts, a book index for quick lookup of a specific technique, an exercise tracking form you can copy to your heart's content (or get the printable PDF from the link below), as well as a piano keyboard to help you understand some music theory concepts like intervals and transposing.

ONLINE BONUS: FREE VIDEO LESSONS AND MORE

Over at www.EssentialTrumpetLessons.com you'll find the free video lessons that go with this book, as well as a whole slew of other resources: bonus lessons like how to play didgeridoo or find your own trumpet, trumpet discographies (hyperlinked for easy access), sheet music lists, scales of many types, blank staff paper, blank practice journals and practice sheets. All printable, all free, all the time.

ESSENTIAL TRUMPET LESSONS: BLOW BY BLOW

LESSON 0 - THE LESSON EVERYONE SKIPS

You're reading it. An overview to get you started on the right foot; or the left foot, if you're goofy-footed.

LESSON 1 - BUILD THE BUZZ: THE SECRETS TO GETTING A GREAT SOUND

In this lesson you'll learn a bit about the parts of a trumpet, then get started making sounds to use with the horn. You'll learn about the embouchure (how to form your lips for playing), the mouthpiece, the lip buzz, lip buzz drills, and mouthpiece buzz drills.

LESSON 2 - HOLD IT RIGHT THERE: IMPROVE YOUR SOUND WITH POSTURE AND GRIP

Finally we get down to actually playing the trumpet. This lesson gets you started and shows you how to hold it, what the valves do, and some basic exercises to get you on your way. Fun stuff!

LESSON 3 - FILL YOURSELF WITH INSPIRATION: FIX BAD BREATHING

We're not talking halitosis here. One of the most important aspects of playing a wind instrument is breathing.

Learn the basics of what taking a good breath is all about in this lesson as well as exercises to increase your awareness of breathing and to increase your lung capacity.

LESSON 4 - BASIC TONGUE TIPS: MAKE NOTES DISTINCT AND MORE EXPRESSIVE

The tongue is an essential part of playing every wind instrument. Tonguing separates notes, the tongue can help you play higher, and different uses of the tongue can give your sound new textures. Start learning how to use your tongue correctly in this lesson.

LESSON 5 - PLAY HIGHER: INCREASE YOUR RANGE WITH PROPER TONGUE USE

The tongue plays another essential role in trumpet playing: it helps you to play higher. Increasing your range upward is a struggle for many trumpeters, but that's because they don't know that range is increased by using the tongue and the air stream, not strength of the chops. Learn the basic in this lesson.

LESSON 6 - FASTER FINGERS: HONE YOUR DEXTERITY

It's time to start training the three fingers of your right hand. In this lesson you'll find the details about fingering and how to make it cleaner, faster and more rhythmic. Also in the lesson are exercises to help you get your fingers limber and coordinated.

LESSON 7 - THE PRACTICE OF PRACTICE: MAKE YOUR PRACTICE TIME COUNT

It takes steady and persistent effort to get better at anything, and playing trumpet is no different. There are ways to make this progress more enjoyable and more rapid. In this lesson you'll find suggestions about how to practice that will help you become a better player as quickly as possible. Though there are as many ways to practice as there are players, there are certain things the best players do that will help you, too. Learn about them here.

LESSON 8 - MUSIC READING MADE EASY: TRUMPET MUSIC BASICS

Once you've got a good solid tone on trumpet, you'll start to be more specific about what you're playing. This lesson introduces how trumpet notes look when written down. In this lesson you'll learn fingerings for five notes, complete with, of course, more exercises and some duets. Be sure to visit the web site companion to this book. You'll find sound clips of all the exercises and duet parts to play along with.

LESSON 9 - SIMPLE SONGS: MELODIES TO IMPROVE YOUR READING SKILLS

Now that you've got a handle (Handel?) on the basics of playing trumpet, you can get started with some simple songs. These are tunes most of us know and are low in the trumpet range. Fun stuff! Also included are some duets to play with another trumpet player or other B^b instrument, and a very cool Manouche jazz tune, *Dark Eyes*.

LESSON 10 - WAR AND WORSHIP: AN ULTRA-BRIEF HISTORY OF TRUMPET

From ancient Egypt and Australia, to middle ages Krakow, to the Himalayan mountains, to Europe, all in a few short pages. In this lesson you'll hear about the origins of the trumpet and the evolution of its physical form.

LESSON 11 - PARTING ADVICE: BEFORE YOU GO

Sending you on your way with some online resources and other useful things. Way to go!

APPENDIX

BOOK INDEX

Look up a topic you're interested in. If it's in the book, the subject and page number will be listed here.

FINGERING CHART

Find all the fingerings up to high E as well as alternate fingerings.

PIANO KEYBOARD

The piano is the best instrument there is for understanding many musical concepts from intervals to chords and beyond. That's why you'll find a paper piano keyboard in the back of the book. Included are the regular notes of the piano keyboard and also the names for trumpet notes.

EXERCISE TRACKING FORM

Keep track of where you are when learning a new tune, an etude, or a scale. If you keep track, you'll be able to immediately pick up where you left off, and best of all, you'll see the progress you're making, which helps with motivation to continue improving.

ALL MATERIALS IN THE APPENDIX ARE FREE AND PRINTABLE AT WWW.ESSENTIALTRUMPETLESSONS.COM.

UP NEXT

Wherever there is blank space, I'll fill it up with music staves like these. Use them to jot down ideas, notes from trumpet lessons, or just to generally mark it up. Try doing *that* with an eBook.

Up next, we'll dive right in and get you making your first sound on the horn. Maybe it's the first time ever, maybe it's the first time in a long time. Either way, let's go!

GO TO WWW.ESSENTIALTRUMPETLESSONS.COM FOR THE FREE BONUS MATERIAL BELOW

FREE VIDEO LESSONS: WATCH AND LEARN

There are over a dozen free videos I created for this book. Find them at www.EssentialTrumpetLessons.com.

BONUS LESSON: LISTEN!

This lesson is before any information about exactly how to play the trumpet because you don't need any special skills to push play on your CD player, mp3 player, radio, or whatever you use to listen to music. And it's important that you start listening to trumpet music as early as possible because it will help you understand how the horn can sound. Most are hyperlinked, so click a recording and you can sample and/or buy it.

BONUS LESSON: TRUMPET REPERTOIRE

Repertoire is the music that is recognized as crucial to a player's vocabulary. There is so much material out there that it's impossible for one person to get to all of it. Here's where you'll start making choices about what you want to play. If you want to get paid to play trumpet, learning all styles is almost mandatory. Studio musicians do it. So can you.

BONUS LESSON: TRUMPET MASTERS

This is a lesson highlighting some of the great players who have come along and shown us what's possible.

BONUS LESSON: HOW DO YOU DIDGERIDOO

Want to learn how to play the oldest trumpet on the planet? Didgeridoo is an Australian instrument made from a termite-hollowed eucalyptus tree limb. If you think that's weird, wait till you hear it. The didgeridoo produces a bass drone and with the right rhythm, the sound can be truly hypnotic and primal-sounding. Playing didgeridoo will even help you to play trumpet better. In this bonus lesson find out just what the didgeridoo is, how to play it, and how to develop the skill of circular breathing.

FREE PRINTABLES

To save paper and printing costs and to make the book more affordable, I've put printable items up on the web at www.EssentialTrumpetLessons.com. All free, all printable.

ESSENTIAL LESSONS FOR COMEBACK PLAYERS, MID-LEVEL PLAYERS, AND ALL BEGINNERS

This is the most thorough treatment of the various aspects of trumpet playing that I have seen. Very informative and helpful. Even my current teacher, who has played with the Metropolitan Opera (NYC), was impressed.
— Don Young, Cranford, New Jersey

YOU'LL DISCOVER....

- **THE MECHANICS OF PLAYING** trumpet, or **BE REMINDED** of how to get a good sound: buzzing and other tone production secrets.
- **BREATHING SECRETS.** Nothing impacts playing more than the breath. Master these simple steps to instantly improve range, endurance, and tone quality.
- **PRACTICE TIPS** that will make your practice time more fun, efficient, and productive.
- **THE BEST** music to listen to and the best performers to watch and learn from. Links included throughout the book.

Every trumpet should be sold with this book.

— J. R. Torres, Rhode Island

WITH EXTRAS LIKE

- **A BRIEF HISTORY** of the trumpet.
- **HOW TO PRACTICE.** For me, the topic of practice was worth two books (*The Practice of Practice*, and *Practice Like This*). This lesson contains trumpet-related tips to boost your practice time.
- **CLEAN YOUR HORN.** Lots of things grow inside your horn, and it needs semi-regular maintenance. Learn to take the horn apart, clean it, and put it back together without damage.

SPECIAL FEATURES

- **FREE VIDEO LESSONS**
- **PRINTABLE RESOURCES**
 - **EXERCISE TRACKING FORMS**
 - **SCALES AND PATTERNS**
 - **LISTENING LISTS**
 - **SHEET MUSIC LISTS**
 - **BEST METHOD BOOKS LIST**
 - **AUDITION REPERTOIRE**
- **EXTENSIVE CROSS-REFERENCES**
- **COPIOUS LINKS TO USEFUL ONLINE RESOURCES**
- **COMPREHENSIVE INDEX**

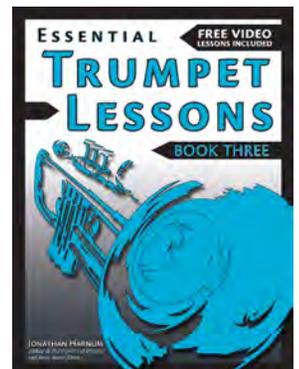
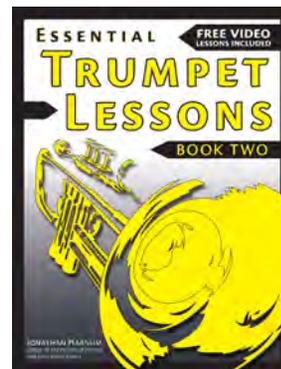
CONTINUE TO GET BETTER

Once you've mastered the techniques in this book, take your skills to the next level with Book Two and Book Three.

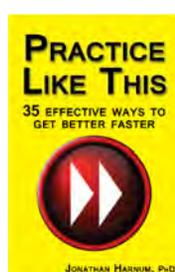
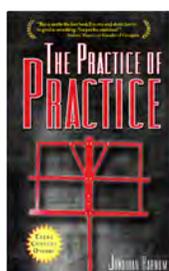
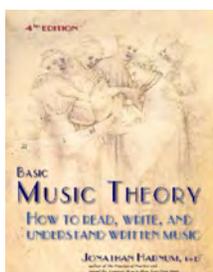
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