

1: LONG BUZZ (EASY)

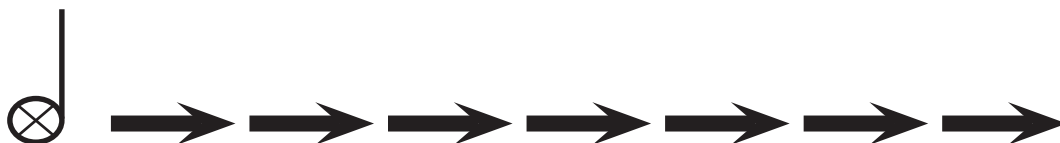
BREATHE as needed, keep the tone as clear, fat and warm as you can. Listen carefully. Do these in the low and middle register at both soft and medium volume.



- 1: STEADY TONE
- 2: GROW LOUDER
- 3: GROW SOFTER

2: START AND STOP (FAIRLY EASY)

Don't stop the sound with your tongue, stop your air instead. Go slowly. BREATHE as needed. Keep the tone constant, clear and fat, and listen carefully. Do these in the low and middle register at both soft and medium volume. Don't use your tongue to start the notes, just blow, and let the lips begin to buzz.

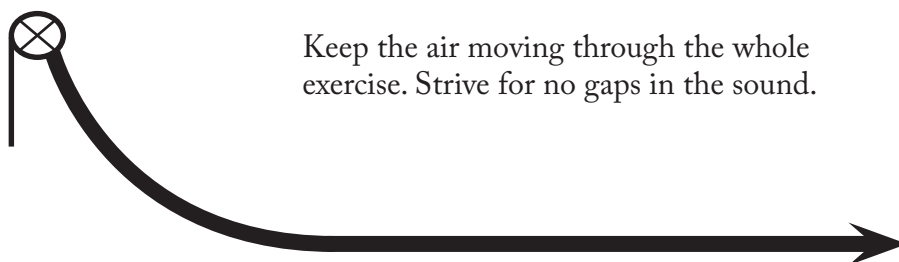


Keep the pitch steady.

- 1: SAME VOLUME
- 2: GROW LOUDER
- 3: GROW SOFTER

3: HI TO LOW (EASY)

Start at a high but comfortable pitch and with a continuous sound move slowly from high to as low as smoothly as you can with a focused sound. BREATHE as needed, keep the tone as constant, clear and fat as you can, listen carefully. Do these at medium volume. When your buzz is constant from high to low, with no gaps in the sound, your lips are warmed up.



Keep the air moving through the whole exercise. Strive for no gaps in the sound.

4: THE SEE-SAW (DIFFICULT)

Start at a high but comfortable pitch, keep the sound constant and go as low as you can and still maintain a pitch, go back up and try to get as high as your original note, then back down again. Repeat this until you run out of air. Don't use pressure to play high. BREATHE as needed, keep the tone as constant, clear and fat as you can, listen carefully. Be aware that it is much more difficult to go from low to high than it is to go from high to low. Use faster air and a firmer embouchure, not mouthpiece pressure!

